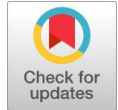


Crime and Violence: Detrimental on Overall Living Conditions of Individuals

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Abstract: *The individuals, belonging to all communities throughout the country, get engaged in crime and violence. This is high among individuals, belonging to deprived, marginalized and economically weaker sections of the society. The experience of crime and violence has detrimental effects on the overall personality traits and living conditions of individuals. The health conditions of the individuals are affected both physically and psychologically. The influence of crime and violence is experienced in both major and minor forms. Individuals need to implement measures to provide practical solutions to these issues. Furthermore, these are prevented from giving rise to impediments during the process of improving one's overall quality of life. Individuals from all occupations, communities, and socio-economic backgrounds need to be well-informed about the traits of morality and ethics. Furthermore, they need to recognize the detrimental effects of crime and violence. Hence, to form an effective social circle, comprising family and community members, individuals need to gather information on the factors that facilitate respectful communication. Furthermore, individuals need to treat others with courtesy. As a consequence, there will be no room for crime and violence. Therefore, it is well-understood that crime and violence are detrimental to the overall living conditions of individuals. The primary concepts examined in this research paper are the causes of crime and violence, the consequences of crime and violence, and the implementation of measures to prevent and eliminate crime and violence, which ultimately leads to the progression of individuals, communities, and nations.*

Keywords: *Communities, Crime and Violence, Implementing, Individuals, Living Conditions, Nation, Psychological Problems, Progression*

I. INTRODUCTION

The individuals, belonging to rural and urban communities, in some cases, undergo situations in which they get engaged in various types of criminal and violent acts. These are high among individuals, belonging to deprived, marginalized and economically weaker sections of the society. The different types of crime and violence are verbal abuse, physical abuse, emotional abuse, neglect and mistreatment, discriminatory treatment, sexual harassment, dowry harassment, domestic violence, grievous hurt, rape, murder, acid attacks, financial exploitation, theft and robbery (Crime, 2022) [3].

The doers of these acts are family members, relatives, friends, domestic helpers, service providers and other community members. These occur in personal lives, educational institutions, and employment settings. It is unfortunate to note that these incidents arise even in organisations where individuals seek to advance their career prospects. The victims are affected physically as well as psychologically when they are subjected to various types of criminal and violent acts. Hence, to lead to the progression of individuals, communities, and nations, it is of utmost significance for individuals to eliminate various types of criminal and violent acts in all areas, both within and outside the home. Therefore, it is well understood that eliminating these acts leads to the progression of individuals, communities, and the nation as a whole.

It is understood on a comprehensive basis that some job duties and responsibilities are carried out individually, whereas others are implemented through working in coordination with other team members. Hence, it is of utmost importance for individuals to form cordial and amiable relationships with others in both personal and professional contexts. The involvement of individuals in various types of criminal and violent acts impedes terms and relationships among individuals.

As a consequence, communication terms come to an end, and feelings of antipathy and resentment arise. Furthermore, one will not be able to take support and assistance from others in carrying out all types of job duties and responsibilities in a well-ordered and regimented manner (Causes of Crime, 2022) [2]. The individuals will be overwhelmed by seclusion and loneliness when they engage in various types of criminal and violent acts. The main reason is that communication terms come to an end among individuals. Therefore, it is understood on a comprehensive basis that engaging in various types of criminal and violent acts is unfavourable and imposes dire consequences upon individuals.

A. Causes of Crime and Violence

An aimless life is a life without meaning. Hence, individuals from all occupations, communities, and socio-economic backgrounds have goals and objectives to achieve. The various aspects that inform these formulations include education, careers, employment opportunities, assets, property, resources, family, relationships, settlement, travel, personality traits, and overall standards of living. To achieve all types of goals and objectives, individuals need to be well-prepared. Furthermore, they need to emphasise augmenting competencies, abilities, and aptitude. Additionally, individuals need to establish cordial and amiable relationships with family and community members. Individuals need to ensure that they are

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implementing all approved techniques for refraining from engaging in criminal and violent acts (Causes of Crime, 2022) [1].

The causes of crime and violence are numerous. The individuals are required to ensure that they do not harbour any negative feelings towards anyone. Individuals need to promote typical mindsets. Furthermore, one needs to emphasise the reinforcement of traits such as efficiency, honesty, and truthfulness. These traits need to be strengthened to emerge as moral and ethical human beings and productive citizens of the country. When researching crime and violence, individuals must be well-informed in terms of the causes of crime and violence. These are stated as follows:

B. Being Overwhelmed by Anger and Frustration

The possession of feelings of anger and frustration is common in getting engaged in various types of criminal and violent acts. Individuals often feel angry and frustrated when they are unable to achieve their goals and objectives. In other words, they are unable to effectively utilise different types of competencies and abilities in a well-ordered and regimented manner. When individuals feel that specific tasks and activities are not being implemented as expected, they feel angry and frustrated. These feelings get escalated among individuals, and they get engaged in various types of criminal and violent acts. Hence, individuals must be well-informed about multiple techniques that facilitate the control of psychological problems, such as anger and frustration.

Individuals need to ensure that those who are not at fault should not be blamed. They need to form positive views on various factors and individuals within and outside their homes. One of the crucial aspects that needs to be taken into account is that communication processes must occur satisfactorily among individuals. As a consequence, individuals are required to make essential contributions in forming pleasant terms and relationships with one another. Furthermore, there will be no room for anger and frustration. Therefore, being overwhelmed by anger and frustration is regarded as one of the critical causes of crime and violence.

C. Possession of Feelings of Antipathy and Antagonism

The possession of feelings of antipathy and antagonism is common in getting engaged in various types of criminal and violent acts. Within the personal and professional lives of individuals, some job duties and responsibilities are carried out individually. In contrast, others are implemented through coordination with other members, such as family and community members. Hence, it is of utmost significance for individuals to form cordial and amiable relationships with others in both personal and professional contexts. The involvement of individuals in various types of criminal and violent acts impedes terms and relationships among individuals.

As a consequence, communication terms come to an end, and feelings of antipathy and antagonism arise. Furthermore, one will not be able to rely on others for support and assistance in carrying out all types of job duties and responsibilities in a well-ordered and regimented manner. The individuals will be overwhelmed by seclusion and loneliness when they engage in various kinds of criminal and violent acts. The main reason is that communication

terms come to an end among individuals. One of the critical aspects is that individuals may struggle to maintain cordial and amiable relationships when they harbour these feelings. Therefore, possession of feelings of antipathy and antagonism is one of the severe causes of crime and violence.

II. CONDITIONS OF POVERTY

The individuals, belonging to rural communities and among deprived, marginalized and economically weaker sections of society, experience the conditions of poverty. A scarcity of financial resources characterises these. The financial resources are monetary. These are utilised to make purchases of various items, acquire services from service providers, bring about changes in multiple factors, and fulfil different types of needs and requirements. Hence, due to being overwhelmed by poverty, individuals are unable to perform various job duties and responsibilities. Furthermore, individuals get compelled to give up their hopes and aspirations. As a consequence, individuals get engaged in multiple types of criminal and violent acts.

Individuals must be well-informed about various types of techniques, which will facilitate improvements in their financial positions. Hence, individuals work diligently to find suitable employment opportunities. Getting engaged in multiple types of criminal and violent acts is disadvantageous to individuals. The main reason is that communication terms come to an end among individuals. Hence, it is understood on a comprehensive basis that engaging in various types of criminal and violent acts is unfavourable and can even give rise to barriers within the course of acquiring employment opportunities. Therefore, conditions of poverty are an adverse cause of crime and violence.

A. Inability to Carry out Job Duties and Responsibilities

Within the personal and professional lives of individuals, some job duties and responsibilities are carried out individually. In contrast, others are implemented through coordination with other members, such as family and community members. When methodologies and procedures are complex, individuals will need to seek help and assistance to carry out their job duties and responsibilities successfully. Hence, it is of utmost importance for individuals to form cordial and amiable relationships with others in both personal and professional contexts. The involvement of individuals in various types of criminal and violent acts impedes terms and relationships among individuals.

As a consequence, communication breaks down, and one develops negative feelings towards others. Furthermore, one will not be able to rely on others for support and assistance in carrying out all types of job duties and responsibilities in a well-ordered and regimented manner. The individuals will be overwhelmed by isolation when they get engaged in various kinds of criminal and violent acts. The main reason is that communication terms come to an end among individuals. One of the critical aspects is that individuals will not be able to develop a mutual understanding when they



possess these feelings. Therefore, the inability to carry out job duties and responsibilities is a detrimental cause of crime and violence.

B. Giving up Hopes and Aspirations

Individuals from all occupations, communities, and socio-economic backgrounds have goals and objectives to achieve in their personal and professional lives. To achieve desired goals and objectives, individuals need to possess sufficient financial resources. Hence, scarcity of economic resources compels individuals to give up specific hopes and aspirations. As a consequence, individuals get engaged in various types of criminal and violent acts. Individuals often feel angry and frustrated when they are unable to achieve their goals and objectives. In other words, they are unable to effectively utilise different types of skills and abilities in a well-ordered and regimented manner. Furthermore, they get engaged in various kinds of criminal and violent acts within and outside the home. One of the primary reasons is that individuals become overwhelmed by feelings of anger and frustration.

Individuals need to formulate hopes and aspirations that they can achieve in a manageable manner. In other words, one should not have any goals or objectives that are not manageable to achieve. Furthermore, individuals need to be well-informed about various types of techniques, which will facilitate improvements in their financial positions. Hence, individuals work diligently to find suitable employment opportunities. In addition, individuals need to be well-informed in terms of moral traits, ethics, diligence, and conscientiousness. As a consequence, one will be well-prepared in terms of ways of achieving all types of hopes and aspirations. Therefore, giving up hopes and aspirations is a disadvantageous cause of crime and violence.

C. Experiencing Illiteracy and Unawareness

The individuals, belonging to rural communities and among the deprived, marginalized and economically weaker sections of society, experience illiteracy and unawareness. These are factors that act as impediments to improving overall standards of living. The individuals experience number of disadvantages in this manner, i.e. they are unable to implement effective communication processes; being overwhelmed by psychological problems of anger, stress, anxiety, frustration and depression; possession of negative feelings in terms of family and community members; being overwhelmed by introversion and seclusion and experiencing of various types of health problems and illnesses.

As a consequence, individuals get engaged in various types of criminal and violent acts. Individuals often feel angry and frustrated when they are unable to achieve their goals and objectives. When individuals lack adequate information in various academic subjects, competencies, and abilities, they will encounter impediments that hinder the improvement of overall personality traits and standards of living. As a consequence, individuals get overwhelmed by the psychological problems of anger, stress, anxiety, frustration and depression. Furthermore, they are unable to carry out all types of job duties and responsibilities in a well-organised and satisfactory manner. In other words, they are unable to effectively utilise different kinds of skills and

abilities in a well-ordered and regimented manner. Furthermore, they get engaged in various types of criminal and violent acts within and outside the home. Therefore, experiencing illiteracy and unawareness is an unfavourable cause of crime and violence.

D. Being Overwhelmed by Introversion and Seclusion

Within the personal and professional lives of individuals, it is understood to a significant extent that some job duties and responsibilities are carried out individually. In contrast, others are implemented through coordination with other team members. Hence, it is of utmost significance for individuals to form cordial and amiable relationships with others within their personal lives, educational institutions at all levels, and in various types of employment settings. The involvement of individuals in different kinds of criminal and violent acts impedes terms and relationships among individuals.

As a consequence, communication terms come to an end, and feelings of antipathy and resentment arise. Furthermore, one will not be able to rely on others for support and assistance in carrying out all types of job duties and responsibilities in a well-organised and regimented manner. The individuals will be overwhelmed by introversion and seclusion when they engage in various kinds of criminal and violent acts. The main reason is that communication terms come to an end among individuals within and outside the home. When individuals do not have anybody to talk to, they feel frustrated and engage in various types of criminal and violent acts. Therefore, being overwhelmed by introversion and seclusion is an unpleasant cause of crime and violence.

III. DISCRIMINATING AGAINST GIRLS

In some rural households, the birth of girls is not appreciated. Individuals from rural communities often prefer male children. They hold the view that male children will make a significant contribution to promoting the well-being and goodwill of family and community members. Hence, measures are implemented to promote the well-being of male children. They are paid attention towards in terms of diet and nutrition, health and well-being, education, careers, employment opportunities and overall environmental conditions. On the other hand, the individuals consider girls as liabilities. They are treated in terms of implementing household responsibilities and caring for the needs and requirements of family members. Furthermore, they are discouraged from getting enrolled in educational institutions of all levels and various types of employment settings. Hence, individuals implement discriminatory treatment in terms of girls.

The individuals implement discriminatory treatment in terms of girls, which is considered to be one of the major criminal and violent acts. As a consequence, they are unable to implement communication processes effectively; being overwhelmed by psychological problems of anger, stress, anxiety, frustration and depression; possessing negative feelings in terms of family and community members; being overwhelmed by introversion and seclusion and experiencing



various types of health problems and illnesses. As a consequence, the girls listen to the instructions of family members. Furthermore, they tend to keep to themselves and do not take pleasure in interacting with individuals within or outside their homes. Therefore, discriminating against girls is a disagreeable cause of crime and violence.

A. Scarcity of Financial Resources

The individuals, belonging to rural communities and among the deprived, marginalised and economically weaker sections of society, experience scarcity of financial resources. The financial resources are monetary. These are utilised to make purchases of various types of products, acquire services from service providers, bring about changes in different factors, travel to other places, pursue education, promote career enhancement, and fulfil various needs and requirements. Hence, due to being overwhelmed by the conditions of poverty, individuals are unable to perform multiple job duties and responsibilities. Furthermore, individuals get compelled to give up their hopes and aspirations. As a consequence, individuals get engaged in various types of criminal and violent acts.

Individuals must be well-informed about various techniques that can help them improve their financial positions. Hence, individuals work diligently to find suitable employment opportunities. Getting engaged in multiple kinds of criminal and violent acts is disadvantageous to individuals. The main reason is that communication terms come to an end among individuals. Hence, it is understood to a significant extent that getting engaged in various types of criminal and violent acts is unfavourable and even gives rise to barriers in the course of acquiring employment opportunities. Therefore, scarcity of financial resources is a displeasing cause of crime and violence.

B. Deprived Living Conditions

In rural communities and urban slums, individuals are living in deprived living conditions. Deprived living conditions are characterised by a lack of various types of infrastructure, amenities, and facilities, including power supplies, water supplies, restrooms, clean drinking water, heating and cooling equipment to cope with weather conditions, communication networks, transportation facilities, internet, and so forth. When these are not available, individuals will encounter various obstacles while performing their job duties and responsibilities. As a consequence, individuals do not feel comfortable within the home's environmental conditions. Furthermore, there are instances of impediments that occur during the execution of various tasks and activities, hindering their completion in a well-ordered and satisfactory manner. Hence, individuals are not able to achieve desired goals and objectives and get engaged in various types of criminal and violent acts.

Individuals must be well-informed about various techniques that can help them improve their financial positions. Hence, individuals work conscientiously in looking for suitable employment opportunities. Getting engaged in multiple kinds of criminal and violent acts is disadvantageous to individuals. The primary reason is that individuals often feel upset about their living conditions, which are frequently characterised by deprivation. Hence, it is understood to a significant extent that engaging in various

types of criminal and violent acts is unfavourable and can even impede the acquisition of employment opportunities. Therefore, deprived living conditions are a disappointing cause of crime and violence.

C. Health Problems and Illnesses

The individuals who experience health problems and illnesses get engaged in crime and violence. The various types of health problems and diseases include joint pain, high blood pressure, low blood pressure, heart issues, diabetes, colds, coughs, fevers, and others. Individuals are unable to pursue their educational goals and enhance their career prospects when they experience various types of health problems and illnesses. Furthermore, individuals get overwhelmed by psychological issues and get engaged in different kinds of criminal and violent acts (Crime and Violence, 2014) [4].

As a consequence, communication terms come to an end, and feelings of antipathy and antagonism arise among family and community members. Furthermore, one will not be able to rely on others for support and assistance in carrying out all types of job duties and responsibilities in a well-ordered and regimented manner. Additionally, there are instances of impediments that arise during the generation of desired outcomes. The individuals will be overwhelmed by seclusion and loneliness when they engage in various types of criminal and violent acts. The primary reason is that communication processes do not occur among individuals. One of the critical aspects is that individuals may struggle to maintain cordial and amiable relationships when they harbour these feelings. Therefore, health problems and illnesses are a contributing cause of crime and violence.

IV. PSYCHOLOGICAL PROBLEMS

The possession of psychological problems of anger, stress, anxiety, frustration and depression is common in getting engaged in various types of criminal and violent acts. The individuals get overwhelmed by psychological problems when they are unable to achieve their goals and objectives. In other words, they are unable to effectively utilise different types of competencies and abilities in a well-organised and systematic manner. When individuals feel that specific job duties and responsibilities are not being put into operation as expected, they experience psychological problems. These problems get escalated among individuals, and they get engaged in various types of criminal and violent acts. Hence, individuals must be well-informed about multiple techniques that facilitate the control of different kinds of psychological problems.

Individuals need to ensure that those who are not at fault should not be blamed. They need to form positive views on various factors and individuals within and outside their homes. One of the crucial aspects that needs to be taken into account is that communication processes must occur satisfactorily among individuals. As a consequence, individuals are required to make essential contributions in forming pleasant terms and relationships with one another. Furthermore, there will be no room for any psychological problems to occur. Therefore, psychological problems are a



challenging cause of crime and violence.

A. Consequences of Crime and Violence

The individuals, belonging to rural and urban communities, in some cases, undergo situations in which they get engaged in various types of criminal and violent acts. These are prevalent among individuals belonging to deprived, marginalised, and economically weaker sections of society (Crime Prevention, n.d.) [5]. In rural communities, these rates are higher compared to urban communities. The individuals get overwhelmed by psychological problems when they are unable to achieve their goals and objectives. In other words, they are unable to effectively integrate different types of competencies and abilities into a well-ordered and regimented system. The research studies on crime and violence have indicated that perpetrators of crime and violence have been subjected to disciplinary action, particularly in different types of professional settings, i.e. educational institutions of all levels and in various kinds of employment settings.

Within personal lives, communication processes often do not occur effectively. Furthermore, there are instances of feelings of antipathy and antagonism towards family and community members. Moreover, one will not be able to rely on others for support and assistance in carrying out all types of job duties and responsibilities in a well-ordered and regimented manner. Additionally, there are instances of impediments that arise during the generation of desired outcomes. The individuals will be overwhelmed by seclusion and loneliness when they engage in various types of criminal and violent acts. Hence, it is well understood that the consequences of crime and violence are unfavourable to individuals on a comprehensive basis. Therefore, the consequences of crime and violence are stated as follows:

- i. Being overwhelmed by anger and frustration.
- ii. Possession of feelings of antipathy and antagonism.
- iii. Being overwhelmed by conditions of poverty.
- iv. Inability to carry out job duties and responsibilities in a well-ordered manner.
- v. Giving up various types of goals and objectives.
- vi. Experiencing illiteracy and unawareness.
- vii. Being overwhelmed by introversion and seclusion.
- viii. Giving more preference to male children.
- ix. Discriminating against girls.
- x. Not providing equal rights and opportunities to both male and female children.
- xi. Scarcity of financial resources.
- xii. Deprived living conditions.
- xiii. Experiencing health problems and illnesses.
- xiv. Experiencing various types of psychological problems.
- xv. Problems in honing analytical, critical-thinking and problem-solving skills.
- xvi. Inability to create a balance between personal and professional lives.
- xvii. Inability to augment various types of competencies and abilities.
- xviii. Inability to complete tasks within the required time frame.
- xix. Problems leading to the up-gradation of overall personality traits.

- xx. Impediments leading to the up-gradation of the overall standards of living.

B. Implementing Measures to Eliminate Crime and Violence Leads to Progression of Individuals, Communities and Nation

Individuals from all occupations, communities, and socio-economic backgrounds need to be well-informed about their job duties and responsibilities. These tasks are both manageable and complicated, and they can be implemented in a shorter amount of time or may require more time. They can be carried out independently or through coordination with other members. Hence, it is vital for individuals to effectively augment their information regarding various types of job duties and responsibilities. Individuals need to be well-informed about the techniques for carrying these out in a satisfactory manner. All methods are to be implemented in a manner that is both morally and ethically sound. As a consequence, individuals will be able to lead to the upgradation of motivation and concentration levels towards the implementation of all types of job duties and responsibilities in a well-ordered manner.

Furthermore, individuals will be able to do well in all types of job duties and responsibilities. In this manner, desired outcomes will be achieved, and individuals will put in their best efforts to meet the expectations of employers and supervisors. Hence, it is well understood that when one is well aware of the different types of job duties and responsibilities, one can contribute effectively to promoting the well-being and goodwill of oneself and others. As a consequence, there will be no room for crime and violence. Therefore, it is well understood that implementing measures to eliminate crime and violence leads to the progression of individuals, communities, and nations when they are generating information regarding job duties and responsibilities.

Individuals in all job positions and types of employment settings are required to develop the traits of morality and ethics. These are the traits, which are facilitating in implementing certain factors, i.e. differentiating between various types of appropriate and inappropriate factors; reinforcing a constructive approach; forming positive viewpoints in terms of multiple factors and individuals; leading to up-gradation of different kinds of skills and abilities; promoting enhancement of motivation and concentration levels towards work; putting in efforts to one's best abilities; possessing the capabilities to work under stress; promoting a typical mind-set; coping with psychological problems of anger, stress, anxiety, frustration and depression and carrying out all types of tasks and activities in a well-organized manner. As a consequence of acknowledging and implementing all these factors, individuals will contribute effectively, fostering a sense of job satisfaction and retaining their jobs.

As a consequence of generating information on different types of these traits, individuals in all job positions across various employment settings will strive to excel in all kinds of job duties and responsibilities. One of the significant benefits is that these are carried out in a well-ordered



and satisfactory manner. In addition, individuals need to inculcate the traits of efficiency, goodness and consistency. As a consequence, one will be well-prepared and refrain from engaging in any type of criminal or violent act. Therefore, it is understood on a comprehensive basis that implementing measures to eliminate crime and violence leads to the progression of individuals, communities, and nations when they are inculcating the traits of morality and ethics.

Individuals need to implement the traits of diligence, resourcefulness, and conscientiousness in both their personal and professional lives. These are the traits, which are facilitating in implementing certain factors, i.e. honing analytical and critical-thinking skills; making wise and productive decisions; being well-informed in terms of various types of job duties and responsibilities; being well-aware in terms of different kinds of methodologies and procedures; utilizing other types of modern, scientific and innovative methods and materials; leading to up-gradation of various kinds of skills and abilities; promoting enhancement of motivation and concentration levels towards implementation of tasks and activities; putting in efforts to one's best abilities; providing solutions to different types of dilemmas and challenging situations and carrying out all kinds of functions and activities in an effective manner. As a consequence of acknowledging and implementing all these factors, individuals will excel in their jobs.

As a consequence of generating information on different types of these traits, individuals in all job positions across various employment settings will strive to meet the expectations of their leaders. Furthermore, one will excel in both their professional and personal lives. In addition, individuals need to inculcate the traits of expertise, adeptness and authenticity. Consequently, one can contribute effectively by refraining from engaging in any type of criminal or violent act. Therefore, it can be stated that implementing measures to eliminate crime and violence leads to the progression of individuals, communities, and nations when they embody the traits of diligence, resourcefulness, and conscientiousness.

V. CONCLUSION

The individuals in rural and urban communities get engaged in crime and violence. Causes of crime and violence are, being overwhelmed by anger and frustration, possession of feelings of antipathy and antagonism, conditions of poverty, inability to carry out job duties and responsibilities, giving up hopes and aspirations, experiencing illiteracy and unawareness, being overwhelmed by introversion and seclusion, discriminating against girls, scarcity of financial resources, deprived living conditions, health problems and illnesses and psychological problems. Furthermore, it is essential to be aware of the consequences of crime and violence. Measures need to be implemented to eliminate crime and violence. Finally, it can be stated that crime and violence need to be eliminated to lead to the progression of individuals, communities and nations.

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I must verify the accuracy of the following information as the article's author.

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